



Sabden Primary School

Autumn 2023

Active 60 minutes



	EYFS	Class 1	Class 2	Class 3	KS2 After School Enrichment (Optional)	Non Core Bought in Services	InterSchools/ Comps/ Events
Monday	Wake up Shake Up (10 mins) Outdoor Play (approx. 2 hours) Lunch Play (40 mins) Yoga/ Funky Fingers (15 mins)	Wake Up, Shake Up (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Go Noodle (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)			19.10.23 6 pupils from Y1,2,3 Football Academy, Blackburn Rovers
Tuesday	Wake up Shake Up (10 mins) Outdoor Play (approx. 2 hours) Lunch Play (40 mins) PE (60) mins	Wake Up, Shake Up (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Go Noodle (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	KS2 Boys Sports (60 mins) 29% KS2 boys take part		08.11.23 10 pupils from Y3/4 Ribble Valley Athletics
Wednesday	Wake up Shake Up (10 mins) Outdoor Play (approx. 2 hours) Lunch Play (40 mins) Yoga/ Funky Fingers (15 mins) PE (60 mins)	Wake Up, Shake Up (15 mins) Morning Play (15 mins) Lunch Play (30 mins) PE 60 mins Afternoon Play (15 mins)	Go Noodle (15 mins) Morning Play (15 mins) Lunch Play (30 mins) PE (60 mins) Northern Soul Dance (60 mins)	Morning Play (15 mins) Lunch Play (30 mins) PE (60 mins) Northern Soul Dance (60 mins)	KS2 Girls Sports (60 mins) 96% KS2 girls take part	ProSports Burnley FC DansWorks Northern Soul Wendi	08.12.23 Virtual Santa Dash
Thursday	Wake up Shake Up (10 mins) Outdoor Play (approx. 2 hours) Lunch Play (40 mins) Yoga/ Funky Fingers (15 mins)	Wake Up, Shake Up (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Go Noodle (15 mins) Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)	Morning Play (15 mins) Lunch Play (30 mins) Afternoon Play (15 mins)		Burnley FC Dansworks Northern Soul Wendi	
Friday	Wake up Shake Up (10 mins) Outdoor Play (approx. 2 hours) Lunch Play (40 mins) PE (60 mins)	Wake Up, Shake Up (15 mins) Morning Play (15 mins) Lunch Play (30 mins) PE 60 mins Afternoon Play (15 mins)	Go Noodle (15 mins) Morning Play (15 mins) Lunch Play (30 mins) PE (60 mins) Afternoon Play (15 mins)	Morning Play (15 mins) Lunch Play (30 mins) PE (60 mins) Afternoon Play (15 mins)			
Total per week	17 hrs 40 mins	9 hours	9 hours	7 hours 45 mins			
Walk to/ from school	73%	88%	64%	45%			
Car to/ from school	29% live out of the village	12% live out of the village	32% live out of the village 4% live in the village	55% live out of the village			

