

SABDEN PRIMARY SCHOOL



PE CURRICULUM OVERVIEW – YEAR A & B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Skills Yoga	Fundamental Skills Dance	Fundamental Skills Kicking and Aiming	Fundamental Skills Throwing and Catching	Fundamental Skills Balancing Trails	Fundamental Skills Gymnastics Trails
Class 1	Gymnastics Invasion Games (dodgeball)	Ball Skills (football) Dance	Net games (bat, ball, net) Team Games	Throwing and Catching (netball) Team Games	Team Games (Rounders) Dance	Athletics Outdoor Elements Competitive Sports
Class 2	Gymnastics Invasion Games	Ball Skills (football) Dance	Net games (Badminton) Team Tasks	Throwing and Catching (netball) Team Games	Team Games (Rounders) Swimming	Athletics Swimming
Class 3	Gymnastics Invasion Games	Ball Skills (football) Dance	Net games (Tennis) Team Tasks	Throwing and Catching (netball) Team Games	Team Games (Rounders/ Cricket) Swimming	Athletics Swimming

Extra-Curricular Opportunities	Gym Club Indoor Curling	Dance	Football	Netball	Rounders Inter-schools Competitions	Sports Adventure Week Outdoor Adventure Athletics Inter-schools Competitions Outdoor Adventure Activities
--------------------------------	----------------------------	-------	----------	---------	--	--

Outdoor Adventure Opportunities

Nursery 2 and Reception	Outdoor Elements	1 day	Summer Term
Year 1 and 2	Outdoor Elements	1 day	Summer Term
Year 3	Waddow Hall	1 day	Summer Term
Year 4 and 5	Outdoor Elements	1 day	Spring Term
	Waddow Hall	2 days, 1 night	Summer Term
Year 6	Outdoor Elements	1 day	Spring Term
	Residential	3 days, 2 nights	Summer Term