



01282 771000 office@sabden.lancs.sch.uk bursar@sabden.lancs.sch.uk http://www.sabden.lancsngfl.ac.uk

9th March 2023

Dear Parent/Carer

Balance-ability 2023 Reception Class

We are delighted to inform you that we are offering Balance-ability to Reception Class on Thursday 30th & Friday 31st March 2023, during the school day. Cycling is one of the easiest, cheapest and most enjoyable ways of keeping fit.

Pupils will take part in a fun, learn to ride sessions on the school playground.

For each training session, there will be a fully qualified instructor/coach present to deliver the training. All instructors are fully insured; first aid certified and hold current DBS checks.

Go Velo will provide the bikes and school will pay so there is no cost to you.

The cycle activities take place outside, all year round, in all weather. Please make sure your child comes to school in warm, waterproof clothing with gloves.

The children will receive a certificate on completion of the course.

Please can you complete and return the attached form to the office by Friday 24th March 2023 at the very latest. If we do not receive your form, your child will not be able to take part in this event.

Kind regards **Elizabeth Maskell**

Headteacher Elizabeth Maskell B.Ed (Hons), N.P.Q.H.