

# Sabden Primary School

## School Dinner Menu Week One

<b>Monday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Pasta Bolognaise Garlic Bread	Cheese & Potato Pie Baked Beans	Jacket Potato Cheese, Tuna or beans	Sponge & Custard Yoghurt or Fresh Fruit
<b>Tuesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Pork Sausage Or Quorn Sausage Creamed Potatoes & peas	Mince Chilli Rice & Tortilla Chips	Jacket Potato Cheese, Tuna or beans	Shortbread Biscuit Yoghurt or Fresh Fruit
<b>Wednesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Roast Chicken or Quorn Chicken & gravy Roast Potatoes Cabbage & Carrots	Chicken Curry Rice Naan bread	Jacket Potato Cheese, Tuna or beans	Cheese & Biscuits Yoghurt or Fresh Fruit
<b>Thursday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Cottage Pie or Quorn Cottage Pie Peas & Beetroot	Tomato Pasta Garlic Balls	Jacket Potato Cheese, Tuna or beans	Jelly & Fruit Yoghurt or Fresh Fruit
<b>Friday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Fish Fingers Chips & Peas	Pizza Chips & Sweetcorn		Chocolate Cookie Milkshake Yoghurt or Fresh Fruit

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## School Dinner Menu Week Two

<b>Monday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Vegetarian Sausage Roll Creamed potatoes Peas	Tomato Pasta Garlic Bread	Jacket Potato Cheese, Tuna or beans	Rice Pudding & Jam Fruit Yoghurt or Fresh Fruit
<b>Tuesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Pork Meatballs or Quorn Meatballs In Tomato Pasta	Veggie fingers Wedges Mixed vegetables	Cheese Panini Tortilla Chips Veg Sticks	Jelly Fruit Yoghurt
<b>Wednesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Roast Pork or Quorn Fillet Roast Potatoes Carrots & Broccoli	Tomato & Basil Pasta Garlic Balls	Jacket Potato Cheese, Tuna or beans	Flapjack Yoghurt or Fresh Fruit
<b>Thursday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Chicken Curry Rice Naan Bread	Cheese Whirl Diced potatoes Beans	Jacket Potato Cheese, Tuna or beans	Cheese & Biscuits Fruit Yoghurt or Fresh Fruit
<b>Friday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Battered Fish Chips & Peas	Pizza Chips & Sweetcorn		Chocolate Brownie Yoghurt or Fresh Fruit

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## School Dinner Menu Week Three

<b>Monday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Bubble Salmon Paprika Potatoes Mixed veg	Quorn Meatballs Mash & beans	Jacket Potato Cheese, Tuna or beans	Sponge & Custard Yoghurt or Fresh Fruit
<b>Tuesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Meat & Potato Pie Peas & beetroot	Neopolitan Pasta Crusty Bread	Jacket Potato Cheese, Tuna or beans	Butterfly Bun Fruit Yoghurt or Fresh Fruit
<b>Wednesday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Roast Chicken & gravy Roast Potatoes Broccoli & Carrots	Omelette & Cheese Hash Browns	Jacket Potato Cheese, Tuna or beans	Cheese & Biscuits Yoghurt or Fresh Fruit
<b>Thursday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Beef Burger or Quorn Burger Wedges	Cheese & Onion Potato Skins Salad	Jacket Potato Cheese, Tuna or beans	Jelly & Fruit Yoghurt or Fresh Fruit
<b>Friday</b>			
<b>Hot Heroes Choice 1</b>	<b>Hot Heroes Choice 2</b>	<b>Extra Choice</b>	<b>Just Desserts</b>
Fish Fingers Chips & Peas	Pizza Chips & Sweetcorn		Chocolate Cupcake Yoghurt or Fresh Fruit