

Year 6 Residential

Winmarleigh Hall Multi Activity Schools



DATES - Wed 17 May 2023 Departure Date Fri 19 May 2023 (3 Days/2 Nights)

Arrive 12 noon, depart 2.00pm

STAFFING – Miss Lofthouse and Miss Scott will be staying with the children for the duration of the booking. Mrs Hartley will attend on Thursday 18 May and Mrs Maskell on Friday 19 May. In addition to Sabden staff there will be several Winmarleigh staff in attendance.

CHILDREN – 7 in total, 2 boys, 5 girls.

FIRST AID – Both Winmarleigh and Sabden staff have First Aid qualifications.

SLEEPING ARRANGEMENTS - Single sex dormitories

Bedding – Bring own pillow and pillow case, sleeping bag and blanket

FOOD: Full Board

PACKED LUNCH NEEDED FOR WEDS 17 MAY (in disposable packaging)

Wed 17 May – Evening Meal

Thursday 18 May – Breakfast, Lunch, Evening Meal

Friday 19 May – Breakfast, Lunch.

- *The PGL breakfast - hot options, cereals, toast, yoghurts, pastries & more!*
- *Lighter tastier lunches - a pit-stop to prepare for a busy afternoon. Refuel with fresh sandwiches, soups, pasta or salads.*
- *Delicious 'kids favourites' evening meals - crowd pleasing classics such as fish & chips, roast dinners and bangers & mash.*

Our buffet style dining room means that children can 'mix and match' the items they love most and have unlimited access to our salad bar and fresh fruit. Our Group leaders are on hand to help and will look out for anyone who can't find anything on the menu that they enjoy. If necessary, our catering teams will be more than happy to prepare something special.

Allergies, intolerances and other dietary requirements

A vegetarian alternative can always be provided on all our holidays, and we can accommodate most special diets required on medical or religious grounds, just let us know when you book.

Keeping hydrated

Water, squash, tea and coffee are available with all meals and children are encouraged to refill their water bottles for regular use throughout the day. There are also water fountains available around the centre.

TRANSPORT – Little Green Bus. Arrive at Winmarleigh 12 noon on Weds 17th May, return to school for 3.30pm on Friday 19th May.

ACTIVITIES -

	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:40 - 12:10	Session 3 14:00 - 15:30	Session 4 15:40 - 17:10	Evening 19:30 - 20:30	
Wednesday	1					Climbing (CL1)	Zip Wire (ZW1)		Silent Disco (SD1)
Thursday	1			Traverse (TS2)	Trapeze (TR1)	Sensory Trail (ST1)	Fencing (F1)		Balloon Splash (BS1)
Friday	1			Buggy Building (BB2)	Archery (A2)	Depart			

VALUABLES – No mobile phones, jewellery, ipads, etc are allowed. If brought parent's will be expected to come to the venue and collect.

MEDICAL CONDITIONS – All pupils with a medical condition will have a medical care plan sent home for review prior to the trip. Consent forms will be necessary to enable staff to administer medicine. No over the counter medicines will be given, only those from a named doctor (prescription).

It is the parent's responsibility to communicate with school regarding any medical condition that may affect the health and wellbeing of a child. Please get in touch with school if you need to speak in more detail.

POCKET MONEY – Children will be responsible for their own pocket money or they can give it to a member of Sabden staff which will be given out once a day. Money should be in a named purse/wallet.

Further information and more details can be found on the PGL website (PGL.co.uk), follow the link below for a tour of the activity centre.

https://www.canva.com/design/DAFZbw4aZKk/Kn8uQF_z8FVJPKvwJDR3DA/view?utm_content=DAFZbw4aZKk&utm_campaign=designshare&utm_medium=link&utm_source=homepage_design_menu (Press the right arrow for the video to start)

If you need anything else, please do not hesitate to get in touch with school.

KIT LIST – Attached.



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof jacket
- Fleeces/jumpers

Your arms will need to be covered to do some activities.

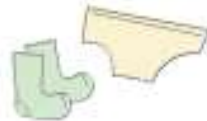
- Trousers or leggings
but not jeans as they get heavy and cold when wet



- Underwear & socks

Your socks will need to cover your ankles to do some activities.

- 1 or 2 sets of clothes for the evening



- Suitable nightwear

FOOTWEAR

- 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports

- 1 pair of dry shoes for evening activities



OTHER ITEMS

- 2 towels
 - 1 for showering
 - 1 old one for activities

- Reusable drinks bottle



- Small rucksack/bag

- Labelled bin bag for wet and dirty clothing



- Sleeping bag or duvet and pillow (unless otherwise advised)

- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

TRAVELLING IN THE...



...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen



...WINTER?

- Warm coat
- Hat and gloves

LOST PROPERTY

Staff will do everything they can to ensure that property is not left at the venue. However, if something is left behind parents should ring the centre to arrange collection themselves. School is unable to collect lost property.

PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.

